

Eureka Owners Corporation Committee

Wellness Subcommittee – Wellness Survey

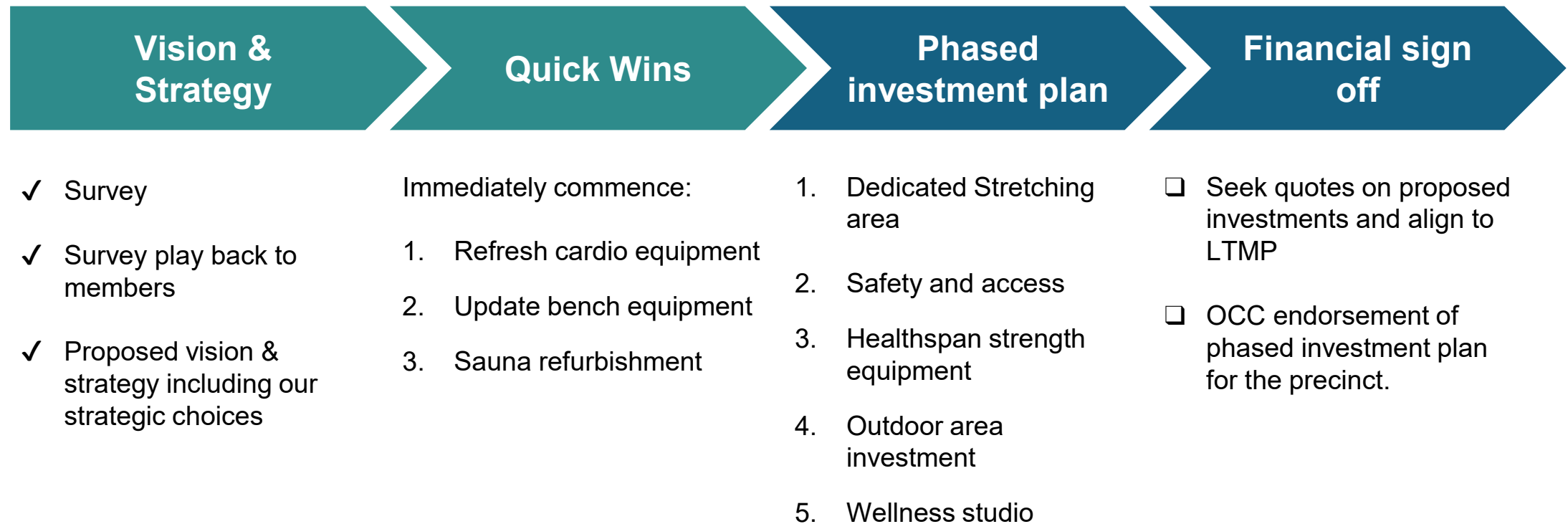
7 August 2026

Version 1.0

Approach for the future of the wellness precinct

Following the Wellness survey, we want to share the findings from the survey, announce our immediate priorities and share the proposed Wellness strategy for Eureka.

Our approach



Strategy and choices

Vision and Strategy

The Wellness Precinct is a core asset of Eureka Tower and is a reason people choose to live at Eureka. It exists as a community to safely extend the healthspan of every resident from young families through to senior owners.

Vision

Create asset value through premium branded precinct identity.

Improve healthspan for all demographics.

Emphasis on safety and access.

Fostering community spirit.

Strategic choices

- **Invest in high quality assets** that will attract all residents of Eureka to participate in the wellness precinct.
- **Invest in strength training equipment that reinforces healthspan** – the highest-leverage, lowest-cost intervention available to us across every cohort.
- **Invest and maintain safety and access** - pool hoist, ramp entry, continuous handrails, ground-floor toilet access, and clear duty-of-care measures around heavier equipment.
- **Reconfigure the wellness precinct to encourage community** – through multi-function spaces (outdoor and indoor), timetables, trainers and classes to foster community engagement.

Supported by

- **Refresh** of essential equipment that is outdated, remove redundant equipment –underpinned by a funded condition-assessed asset lifecycle register.
- **Investment** into new asset / restructure of facilities aligned to strategy.
- **Best practice risk and compliance** methodologies
- **Move from capital purchase model to leasing model** to maintain modern standards and improve equipment repair times.

Choices available to us (1/2)

Choice #	Choice name	Description	Strategy alignment	Priority (H/M/L) ¹	Cost to implement (H/M/L) ²
A	Refresh cardio equipment	• Replace treadmills with community integration features. • Replace bikes with 4x smart bikes with community features and 1-2 recumbent bikes. • Replace 1 cross trainer. • Replace stair-climber with latest model • Replace rower. • Remove flex striders. • Introduce skierg machine.	Create asset value	H	M
B	Strength training renewal plan – focused on healthspan	Invest in strength training equipment that reinforces healthspan, including: • Refresh of core strength training equipment with more granular weight increments and increase capacity where possible (e.g. 4x pulley machines rather than 2x). • Removal of low use/redundant equipment (tricep machine/bicep curl, abdominal machine). • Invest in new functional equipment - Better leg press and abductor glute machine - Grip and forearm equipment - Resistance bands, Bosu Ball, suspension trainer - Kettlebells - Pilates reformer • Addition of weight plates capabilities – (contingent on outdoor v indoor space decision) - Smith machine (including Squat Rack) - Trap bar	Invest in strength training equipment that reinforces healthspan	H	H
C	Enhance safety and accessibility	Modernise accessibility and safety - ramp entry, continuous handrails, ground-floor toilet access, and clear duty-of-care measures around heavier equipment to be delivered through Leslie's existing mandatory onboarding.	Invest and maintain safety and access	H	H
D	Create dedicated stretching area	Free up floor space for dedicated stretching and floorwork - reintroduce exercise mats, create places to mount ipads for guided training.	Reconfigure the wellness precinct to encourage community	M	L

1) Based on member feedback. Survey responses reflect residents who already use the wellness precinct. These scores should be read as evidence from current users, not a complete picture of Eureka.

2) Based on estimated cost relative to other options

Choices available to us (2/2)

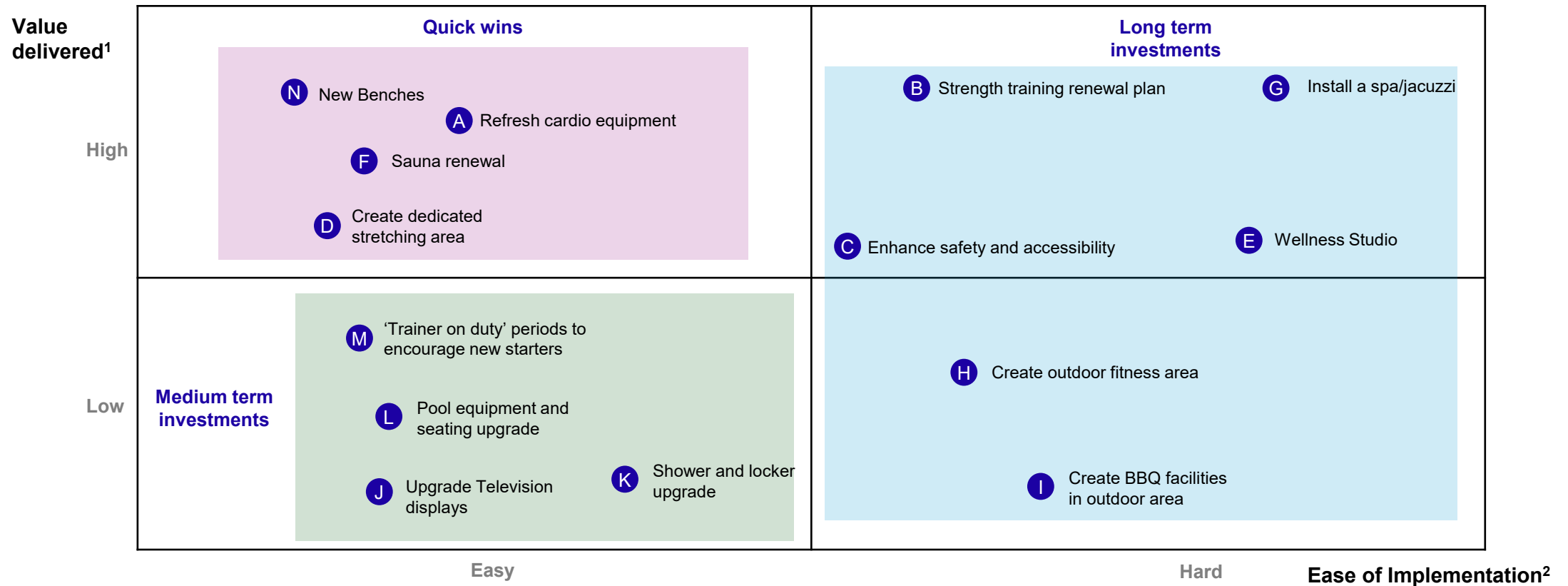
Choice #	Choice name	Description	Strategy alignment	Priority (H/M/L) ¹	Cost to implement (H/M/L) ²
E	Wellness studio	Utilised for stretching, exercise and classes. Consider acquisition of rights to additional space on level 10.	Reconfigure the wellness precinct to encourage community	M	H
F	Sauna renewal	Refresh sauna facilities	Create asset value	H	M
G	Install a spa	Spa / jacuzzi / cold plunge – the best-evidenced item in the survey (31 residents).	Create asset value	H	H
H	Create outdoor fitness area	Outdoor free weights / sleds etc. for use in the existing outdoor space. Requires the addition of weatherproofed retractable awnings so it is usable across more of the year regardless of weather.	Reconfigure the wellness precinct to encourage community	L	M
I	Create BBQ facilities in outdoor area	BBQ and covered seating – a consistently repeated request across multiple survey questions. Also requires the addition of weatherproofed retractable awnings so it is usable across more of the year regardless of weather.	Reconfigure the wellness precinct to encourage community	M	L
J	Upgrade Television displays	Larger TVs with more choice in channels	Create asset value	L	L
K	Shower and locker upgrade	Installation of lockable lockers and upgrade of shower facilities.	Create asset value	L	M
L	Pool equipment and seating upgrade	Increase the seating area adjacent to the pool and provide access to pool equipment.	Reconfigure the wellness precinct to encourage community	L	L
M	'Trainer on duty' periods to encourage new starters	OC funded periods where Leslie is advertised to support everyone in the gym with form and introduction to correct equipment usage.	Reconfigure the wellness precinct to encourage community	M	L
N	Updated workout benches	Purchase 4 new benches (3 adjustable and 1 fixed)	Invest in strength training equipment that reinforces healthspan	H	L

1) Based on member feedback. Survey responses reflect residents who already use the wellness precinct. These scores should be read as evidence from current users, not a complete picture of Eureka.

2) Based on estimated cost relative to other options

Prioritisation

Resident feedback gives us a clear basis to prioritise wellness precinct investment for long-term asset value.



1) Value delivered based on the relevant impact to members. This is a heuristic analysis based on resident survey feedback.

2) Ease of implementation based on the relative cost to implement.

Survey results

Summary statistics¹

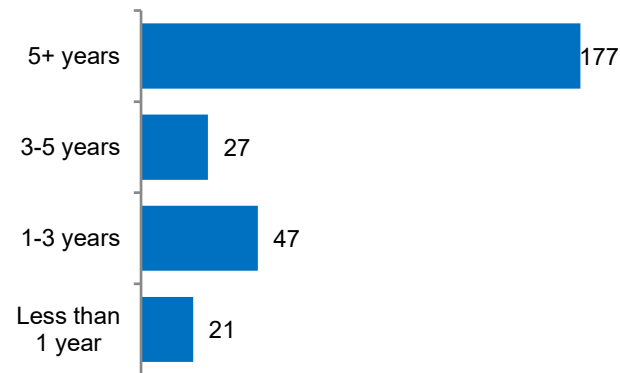
The wellness precinct survey received a significant number of responses. This includes a large volume of specific (verbatim) feedback that has been summarised in the following slides.

272
Responses Started

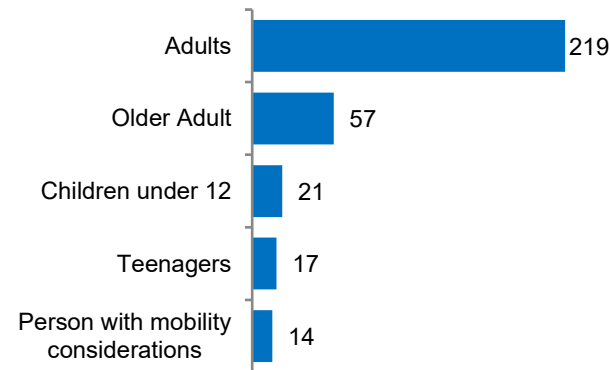
178
Responses Completed

65%
Completion rate

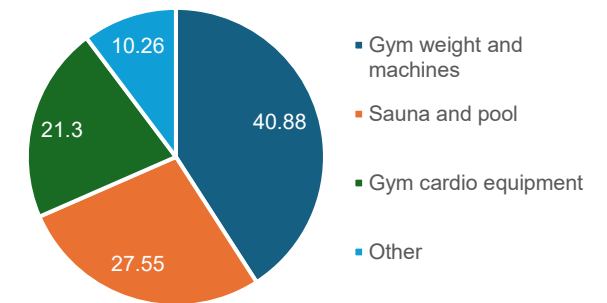
How long have you lived in the building?



How long have you lived in the building?



If you had \$100 how would you allocate it?

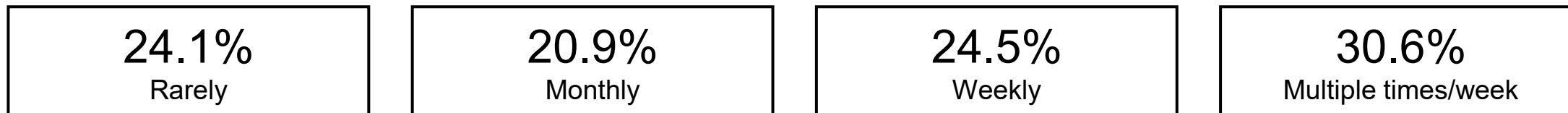


1) Survey Responses at 24 July 2026

Cardio

Cardio – usage and satisfaction

How often do you use the cardio equipment?



Which cardio items do you use and how do you rate it?¹

Rank	Item	% of respondents use ²	Average satisfaction (out of 4) ³	Specific item feedback
1	Treadmill	74.4%	3.42	– Old and worn – slipping belts, staining – TV, Bluetooth and app connectivity often don't work – Only 4 machines – queues at peak times, slow repairs
2	Bicycle	57.8%	2.99	– Inconsistent fleet – some modern, some very old – Residents want spin/Peloton-style bikes with connectivity – Resistance doesn't hold steady during use
3	Rowing Machine	39.2%	2.51	– Old and worn, foot straps loose or broken – Frequently out of order with no backup machine – Requests for one or two additional rowers
4	Cross Trainer	35.7%	2.36	– Old and in need of upgrading – Not enough machines available – One unit has a long-standing broken button
5	Stairclimber	15.6%	1.78	– Doesn't feel like real stair climbing – clunky, unresponsive – Residents want a proper stairmaster with steps – Several call it too old and worn
6	Flexstrider	12.1%	1.75	– Old and ageing – Needs upgrading to a newer model – Rarely used by some residents

1) If you are a monthly, weekly or multiple times a week user

2) A respondent can use multiple pieces of equipment. This % is of the total of those who responded to the question of usage.

3) A score above 2 is satisfied, a score below 2 is dissatisfied.

Cardio – specific feedback

Theme	#	Respondent verbatim that captures the spirit of feedback.
Bike fleet: condition & spin/smart-bike requests	14	“Could put a proper set of bikes in there, the life fitness ones are terrible.” — cardio#33
General modernisation / age of equipment	10	“Modernise equipment” — cardio#14
Stair master / stair climber	10	“It would be great to be able to have a stairmaster in the cardio to change it up. That stepper is not even worth having in the cardio section. And yo...” — cardio#4
Treadmills (capacity & incline)	5	“More treadmills, hard to get one at peak hour” — cardio#5
Technology & environment (TV, app, lighting)	4	“Improve the tv size and options” — cardio#10
Maintenance, cleaning & reliability	3	“New machines, proper maintenance, repair and real cleaning not an occasional lack lustre wipe witha cloth cloth shared with all other equipment” — cardio#35
Space & layout	3	“space can feel cramp when gym is full” — cardio#81
Rowing machines (redundancy risk)	3	“Gym needs 2 rowing machines. These are low impact for our more elderly residents. If one is out of order at some time or being used by another reside...” — cardio#121
Boxing / functional equipment	3	“Punching bag/ sandbag or any sort of boxing equipment” — cardio#3
Body-suitability / inclusivity	2	“The equipment needs to be suitable for women who have a different body shape and are generally shorter.” — cardio#52
Recumbent bike shortage	1	“Yes. Please buy another recumbent bicycle. I use the only one as do quite a number of older people and we tend to go at similar times ie morning and...” — cardio#71
Purchase model — rent vs buy	1	“Maybe rent machines rather than buy. That way we could keep with current machines rather than keeping older equipment that breaks down on a regular b...” — cardio#73

1) See appendices for detailed verbatims

Weights and Machines

Weights and machines – usage and satisfaction

How often do you use the weight equipment?

30.1%
Rarely

9.2%
Monthly

14.3%
Weekly

46.4%
Multiple times/week

Which weights and machine items do you use and how do you rate it?¹

Rank	Item	% of respondents use ²	Average satisfaction (out of 4) ³	General item feedback
1	Free weights	87.5%	3.86	– Want a Smith machine, squat rack and more Olympic plates – Dumbbells only go to 40kg – some want 50–60kg – Benches need replacing – unstable, gap between pads
2	Lat pulldown	77.4%	3.77	– Old machine with big weight increments – Not enough attachments – want mag-grips and extra bars – An additional machine would ease queuing
3	Seated leg press	73.2%	3.41	– Frequently breaks down – no backup machine for squats – Limited range of motion, not ideal for knees – Requests for more weight capacity and an incline option
4	Chest Press	69.6%	3.54	– Old machine with big weight increments – Awkward seated position, especially for shorter users – Requests for incline/decline/fly variations
5	Seated row	66.1%	3.32	– Outdated, poor hand placement for back activation – Seat doesn't suit short or tall users well – Residents want a proper dedicated row machine
6	Leg extension/leg curl	64.9%	3.23	– Combined machine – residents want these split in two – Clunky, limited range of motion, no seat depth adjustment – Old and rattles during use
7	Assisted dip/chin	54.8%	3.19	– Old machine with big weight increments – Generally functional but considered due for replacement
8	Tricep extension machine	53.6%	3.10	– Seen as low-value – cable/dumbbell alternatives preferred – Doesn't adjust well for smaller body proportions – Some suggest replacing with a functional trainer
9	Bicep curl machine	42.3%	3.14	– Seen as low-value – cable/dumbbell alternatives preferred – Cushioning worn, vinyl split – Some suggest replacing with another cable machine
10	Abdominal machine	35.1%	2.93	– Old machine with big weight increments – Considered a weak option for ab work – Requests for a lower-back extension bench alongside it
11	Step ups	28.6%	2.42	– Old and basic – just a platform – Not enough risers – Rarely used, but a proper step-up box/stretch area suggested

1) Cable machine was left out of questionnaire. Anecdotally this is the most frequently used item in the gym.

Weights and machines – specific feedback

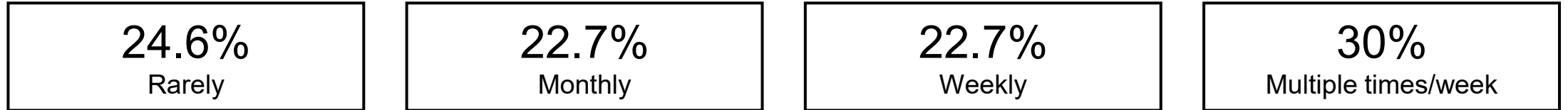
Theme	#	Respondent verbatim that captures the spirit of feedback.
Strength rack: Smith machine / squat rack / power rack	30	<i>“A much better leg press where you can actually work the legs a lot better and be able to get a better stretch possibly even looking at a squat machin...” — weights#3</i>
Pilates reformer / equipment (machine purchase only)	15	<i>“A Pilates reformer machine would be a great addition” — q7#15</i>
Upper body: chest, shoulder, back, pec deck	14	<i>“Pec deck” — weights#29</i>
Cable / pulley machine capacity	14	<i>“Need an additional cable machine as it is used by many people.” — weights#12</i>
Hip, glute, thigh & calf machines	12	<i>“Squat rack and abductor/adductor” — weights#17</i>
Free weights: dumbbells, kettlebells, plates	9	<i>“Kettlebells” — weights#2</i>
Leg press / leg extension-curl separation	9	<i>“A much better leg press where you can actually work the legs a lot better and be able to get a better stretch possibly even looking at a squat machin...” — weights#3</i>
Bench press & benches	12	<i>“New benches” — weights#81</i>
Space efficiency / multi-function equipment	5	<i>“Multi functional equipment since the space is relatively small.” — weights#4</i>
Inclusivity: body size, height, gender fit	3	<i>“The cable machine is very popular. It also covers a lot of exercises. It is often being used when I go to the gym. If you added another it would be o...” — weights#34</i>
Rationalisation suggestion (sell unused machines)	1	<i>“Another cable machine as only one. Get three new benches and one new fixed bench. Make sure the new benches like the bench near the dumbbells and rem...” — weights#135</i>

1) See appendices for detailed verbatims

**Pool, sauna and
outdoor area**

Pool and sauna – usage and satisfaction

How often do you use the pool and sauna equipment?



Which pool and sauna items do you use and how do you rate it?¹

Item	Average satisfaction (out of 4) ³	General item feedback
Sauna - general satisfaction	3.09	– Seen as old and tired, in need of a full upgrade – Female sauna runs cooler – door seal letting heat escape – One formal submission calls for a full Finnish sauna renovation
Sauna - temperature control	2.99	– Female sauna in particular doesn't get hot enough – No real control – residents want it hotter overall – Male sauna users broadly happy with current heat
Sauna - cleanliness and hygiene	3.05	– Several residents report it as dirty, dark or smelly – People not showering before use raised as a concern – Cedar timber reported as damaged
Sauna - condition of fixtures	2.84	– General wear and tear – worn or loose seating boards – Door and woodwork described as wonky or worn – Several residents rate fixtures as fine
Pool - general satisfaction	3.51	– Seen as small, cold and not very inviting – Chlorine smell and skin irritation raised by several residents – One formal submission calls for a full pool renovation, incl. a spa
Pool - water temperature	3.39	– Most common request: 2–4 degrees warmer, especially in winter – A few residents are happy with the current temperature
Pool - water quality/cleanliness	3.46	– Mostly rated good to immaculate – Occasional debris/hair reported – One hygiene incident raised – wants stricter pre-shower rules
Pool - pool equipment	2.62	– Most residents unaware any pool equipment exists – The one visible item (a chair) described as rusty and unused – Lane ropes requested for lap swimming
Shower and change facilities - general satisfaction	3.33	– Showers feel old – harsh pressure, water spilling underfoot – Requests for lockers, a steam extractor and non-slip matting – One formal submission calls for a full renovation
Shower and change facilities - cleanliness	3.37	– Several reports of dirt, scum and mould build-up – Floors described as always wet and slippery – Lost-property handling for items left behind also raised
Shower and change facilities - amenities	3.35	– No shampoo, shower gel or towel service currently provided – Requests for lockable lockers and somewhere to place belongings – Broken towel hooks and a shower-room light sensor also raised

Pool and sauna – specific feedback

Theme	#	Respondent verbatim that captures the spirit of feedback.
Spa / Jacuzzi	26	<i>"Would love us to install a spa if feasible. I would use it much more than the sauna." — pool#2</i>
Infrared Sauna / Other Sauna Changes	13	<i>"Infrared sauna and more machines." — wellness#12</i>
Towels, hooks, lockers, amenities	7	<i>"Could we get some more hooks placed on the dark glass with the bench seat along it in the pool area?" — pool#24</i>
Satisfaction / positive	6	<i>"Very good amenity" — pool#79</i>
Pool usage rules / etiquette / scheduling	6	<i>"Minimise kids or offer kids times" — pool#51</i>
Pool temperature & pump noise	4	<i>"Pool pumps are loud compared to other similar facilities and pool area is always cold. Not a high end pool spa feel More like a council swimming pool..." — pool#28</i>
Slip hazard / flooring	2	<i>"I would like floors that are not slippery" — pool#48</i>
Ventilation & minor environment	2	<i>"Pool Ventilation" — pool#148</i>
Change room refurbishment	3	<i>"Pool is good. Sauna and change rooms are a bit run down." — pool#62</i>
Programming / classes (aqua aerobics)	1	<i>"Would love the facilities to be used for classes. Aqua aerobics etc" — pool#44</i>
Accessibility (toilets at gym level)	1	<i>"Have toilets at the level where the gym is too - without having to use stairs to get to toilets ... gets harder with age. Steps are steep." — pool#91</i>
Non-chlorine pool alternative	1	<i>"An alternative (non-chlorine) pool" — pool#87</i>
Sauna reliability & maintenance (breakdowns, timber condition)	1	<i>"The sauna keeps breaking every other week. Also the wood is rotting / is soft at times." — pool#95044123</i>

1) See appendices for detailed verbatims

Outdoor area – specific feedback

Theme	#	Respondent verbatim that captures the spirit of feedback.
BBQ facilities	9	<i>"The gym is poorly equipped and poorly laid out. No spaces for floorwork, stretching etc... Insufficient choice of weights. The outdoor area/leisure a..." — q7#16</i>
Seating, sun loungers, deck furniture, cabanas	7	<i>"Please update it. Especially in summer there is only two chairs for the whole entire building to be able to lie down and enjoy the sun. There is no b..." — pool#27</i>
Covered area / shade structure	2	<i>"I know you have just done the outside area. But I think it would be used a lot more if there were some friends and family areas with cover. Maybe wit..." — pool#32</i>
Rooftop garden / greenery	2	<i>"Rooftop community garden and kitchen waste composting" — wellness#19</i>
Outdoor gym / fitness use of outdoor space	2	<i>"Ice bath. Outdoor gym area with free weights / squat rack." — wellness#39</i>
Vision statement referencing outdoor area	2	<i>"Create a wellness area that coincides with the pool and outdoor area. Make it more inviting for fitness and recovery. Include: Spa Ice bath Turf for..." — pool#161</i>
"More outdoor space" — priority funding ask	1	<i>"More outdoor space!!! I would want to allocate most funding to this. The building next to the PWC building has the right idea - big outdoor space wit..." — wellness#123</i>
Positive / existing appreciation	1	<i>"We would love a Whirlpool / jacuzzi. We appreciate the outdoor area." — pool#99</i>
Outdoor cold shower / water reuse idea	1	<i>"Outdoor area could have a cold shower, this would be relatively cheap but effective to help incentivise being clean before entering the sauna. Water could be recycled to the plants." — wellness#95044123</i>

Other ideas

Other ideas – specific feedback

Theme	#	Respondent verbatim that captures the spirit of feedback.
Dedicated Pilates/Yoga/stretch studio & class programming	8	<i>“Would like classes within the building. I go out for classes but feel that older owners would benefit from utilising the facilities ie: Aqua classes,…” — wellness#44</i>
Social / communal function room (non-fitness)	7	<i>“Nicer change rooms, spa, additional entertainment facilities. You could also use level 52 as a wellness studio, yoga area, entertainment area” — wellness#30</i>
Recovery & clinical wellness modalities	4	<i>“Pilates reformer” — weights#27</i>
Niche / one-off ideas	4	<i>Golf simulator, kids play area, indoor co-working common area, pickleball court</i>
Boxing / martial arts dedicated space & classes	4	<i>“Punching bag/ sandbag or any sort of boxing equipment” — cardio#3</i>
Gym relocation to a view / natural-light floor	3	<i>“It would be good to have a gym in an area with windows and a view. I thought at some stage there was plans for this on level 55?” — wellness#14</i>

Respondent #155 shared:

I would like to formally recommend that the Owners Corporation consider adopting a long-term vision for the development of an integrated Wellness Precinct within the building. Health, wellness, and recovery amenities have become increasingly important considerations for residents when choosing where to live. Many leading premium residential developments around the world are investing significantly in these areas, recognising their positive impact on resident satisfaction, community engagement, building prestige, and long-term property values. Given the quality and location of our building, I believe there is a unique opportunity to establish a state-of-the-art wellness offering that would position the development among Melbourne’s leading residential communities. I recommend that the Owners Corporation investigate the feasibility of incorporating some or all of the following facilities as part of a staged master plan: • Finnish Sauna. • Infrared Sauna. • Cold Plunge Pool. • Hydrotherapy Spa. • Steam Room. • Heated Lap Pool. • Dedicated Recovery Lounge. • Stretching and Mobility Area. • Premium Gym Equipment. • Massage and Relaxation Chairs. • Red Light Therapy Room. • Meditation and Yoga Studio. • Compression Therapy Station. • Enhanced Shower and Change Room Facilities. • Outdoor Wellness or Relaxation Spaces (where feasible). These amenities provide significant benefits to residents, including improved physical health, recovery, stress reduction, and overall wellbeing. Furthermore, they enhance the building’s competitive position in the marketplace and contribute positively to long-term asset values.

1) See appendices for detailed verbatims

Appendices

Cardio — Full Verbatim Record (1 of 5)

Theme	Tab / #	Verbatim
General modernisation / age of equipm...	cardio#14	<i>Modernise equipment</i>
General modernisation / age of equipm...	cardio#15	<i>Modernise and improve</i>
General modernisation / age of equipm...	cardio#75	<i>modern equipment</i>
General modernisation / age of equipm...	cardio#87	<i>I believe all equipment needs updating</i>
General modernisation / age of equipm...	cardio#97	<i>The equipment needs upgraded. Better maintenance and cleaning is required.</i>
General modernisation / age of equipm...	cardio#149	<i>Needs a refresh.</i>
General modernisation / age of equipm...	cardio#169	<i>Everything needs to be upgraded to new high quality commercial grade gym equipment</i>
General modernisation / age of equipm...	cardio#171	<i>Overall good but needs newer equipment suitable for premium building</i>
General modernisation / age of equipm...	cardio#172	<i>I think there is some benefit if the equipment was updated. I still use the equipment regardless. A reformer would be an excellent addition to the current gym equipment.</i>
General modernisation / age of equipm...	cardio#176	<i>Just generally better and new cardio equipment. Better lighting - either more natural lighting coming from through the pool area - create more viewing through to the pool area and better downlig...</i>
Bike fleet: condition & spin/smart-bi...	cardio#33	<i>Could put a proper set of bikes in there, the life fitness ones are terrible.</i>
Bike fleet: condition & spin/smart-bi...	cardio#147	<i>The bicycles are a little bit old</i>
Bike fleet: condition & spin/smart-bi...	cardio#117	<i>Bicycles sometimes are out of order for days</i>

Cardio — Full Verbatim Record (2 of 5)

Theme	Tab / #	Verbatim
Bike fleet: condition & spin/smart-bi...	cardio#132	<i>It's great to have 4 bikes, however the two older ones are not as good or comfortable. However, they work well.</i>
Bike fleet: condition & spin/smart-bi...	cardio#148	<i>Remove the two older bikes and replace with one. Other equipment is suitable just make sure the same</i>
Bike fleet: condition & spin/smart-bi...	cardio#4	<i>It would be great to be able to have a stairmaster in the cardio to change it up. That stepper is not even worth having in the cardio section. And you'll be really good to be able to upgrade the...</i>
Bike fleet: condition & spin/smart-bi...	cardio#36	<i>A spin bike would be good.</i>
Bike fleet: condition & spin/smart-bi...	cardio#40	<i>A spin bike would be an addition</i>
Bike fleet: condition & spin/smart-bi...	cardio#64	<i>Spin bikes e.g. peloton style would be a great addition. Some of the bikes are quite old.</i>
Bike fleet: condition & spin/smart-bi...	cardio#106	<i>I would like the peloton equipment if possible</i>
Bike fleet: condition & spin/smart-bi...	cardio#114	<i>I would opt for newer cycles</i>
Bike fleet: condition & spin/smart-bi...	cardio#140	<i>Investigate smart cycles - Wahoo Kickr or Zwift Ride, etc.</i>
Bike fleet: condition & spin/smart-bi...	cardio#32	<i>It will be nice if the gym has air bikes</i>
Stair master / stair climber	cardio#4	<i>It would be great to be able to have a stairmaster in the cardio to change it up. That stepper is not even worth having in the cardio section. And you'll be really good to be able to upgrade the...</i>
Stair master / stair climber	cardio#105	<i>More treadmills and one stairmaster machine</i>
Stair master / stair climber	cardio#108	<i>One or two proper stairmasters</i>

Cardio — Full Verbatim Record (3 of 5)

Theme	Tab / #	Verbatim
Stair master / stair climber	cardio#115	<i>Add a proper stair master machine</i>
Stair master / stair climber	cardio#119	<i>Adding a new stair climber</i>
Stair master / stair climber	cardio#138	<i>There is no stair master</i>
Stair master / stair climber	cardio#146	<i>Add a stair master machine and possibly a Pilates machine</i>
Stair master / stair climber	cardio#155	<i>add stair master</i>
Stair master / stair climber	cardio#180	<i>More equipment and a different type of stair climber</i>
Treadmills (capacity & incline)	cardio#5	<i>More treadmills, hard to get one at peak hour</i>
Treadmills (capacity & incline)	cardio#105	<i>More treadmills and one stairmaster machine</i>
Treadmills (capacity & incline)	cardio#102	<i>Would be good to have treadmills that can go above 15 incline</i>
Treadmills (capacity & incline)	cardio#139	<i>Treadmills like the ones from 1R in south Yarra or Richmond would be great!</i>
Rowing machines (redundancy risk)	cardio#121	<i>Gym needs 2 rowing machines. These are low impact for our more elderly residents. If one is out of order at some time or being used by another resident there is no backup. There is space for a s...</i>
Rowing machines (redundancy risk)	cardio#168	<i>It would be good to have the rower positioned nearby all of the other cardio equipment.</i>
Recumbent bike shortage	cardio#71	<i>Yes. Please buy another recumbent bicycle. I use the only one as do quite a number of older people and we tend to go at similar times ie morning and afternoon 10-4-00 approx.. It is surprising h...</i>

Cardio — Full Verbatim Record (4 of 5)

Theme	Tab / #	Verbatim
Boxing / functional equipment	cardio#3	<i>Punching bag/ sandbag or any sort of boxing equipment</i>
Boxing / functional equipment	cardio#46	<i>Ski erg Assault/Air bike Sled Battle Ropes</i>
Maintenance, cleaning & reliability	cardio#35	<i>New machines, proper maintenance, repair and real cleaning not an occasional lack lustre wipe witha cloth cloth shared with all other equipment</i>
Maintenance, cleaning & reliability	cardio#82	<i>Ensure when equipment is serviced that it actually works</i>
Maintenance, cleaning & reliability	cardio#97	<i>The equipment needs upgraded. Better maintenance and cleaning is required.</i>
Body-suitability / inclusivity	cardio#52	<i>The equipment needs to be suitable for omen who have a different body shape and are generally shorter.</i>
Body-suitability / inclusivity	cardio#79	<i>As we have many elderly residents, I suggest some equipments which go well with them.</i>
Space & layout	cardio#81	<i>space can feel cramp when gym is full</i>
Space & layout	cardio#83	<i>Potentially look at equipment which is modern and takes less room. This might allow some new style equipment in the gym like bar bell etc.</i>
Space & layout	cardio#168	<i>It would be good to have the rower positioned nearby all of the other cardio equipment.</i>
Technology & environment (TV, app, li...	cardio#10	<i>Improve the tv size and options</i>
Technology & environment (TV, app, li...	cardio#123	<i>All new equipment should be able to access the internet reliably.</i>
Technology & environment (TV, app, li...	cardio#163	<i>Couldn't get the machine app working with my iPhone 16. The glare from lights above makes reading display difficult.</i>

Cardio — Full Verbatim Record (5 of 5)

Theme	Tab / #	Verbatim
Technology & environment (TV, app, li...	cardio#176	<i>Just generally better and new cardio equipment. Better lighting - either more natural lighting coming from through the pool area - create more viewing through to the pool area and better downlig...</i>
Purchase model — rent vs buy	cardio#73	<i>Maybe rent machines rather than buy. That way we could keep with current machines rather than keeping older equipment that breaks down on a regular basis.</i>
Bike fleet: condition & spin/smart-bike requests	cardio#95045448	<i>Would prefer spin bike for better workout</i>
Stair master / stair climber	cardio#95045448	<i>Difficult type to use, proper stairmaster would be much better</i>
Rowing machines (redundancy risk)	cardio#95046597	<i>Often only one is working or both are broken</i>
Treadmills (capacity & incline)	cardio#95045448	<i>Glitchy with the incline</i>
Boxing / functional equipment	cardio#95043268	<i>Would like a long punching bag</i>

Gym Equipment — Full Verbatim Record (1 of 9)

Theme	Tab / #	Verbatim
Strength rack: Smith machine / squat...	weights#3	<i>A much better leg press where you can actually work the legs a lot better and be able to get a better stretch possibly even looking at a squat machine and separating the leg extension and leg cu...</i>
Strength rack: Smith machine / squat...	weights#15	<i>Smith machine</i>
Strength rack: Smith machine / squat...	weights#17	<i>Squat rack and abductor/adductor</i>
Strength rack: Smith machine / squat...	weights#33	<i>My only suggestion would be to consider adding a Smith machine. I assume traditional barbells aren't practical because of the safety concerns and the noise from dropped weights but a Smith machi...</i>
Strength rack: Smith machine / squat...	weights#38	<i>Being able to do all the machine exercises with free weights using a rack and have proper benches with proper bars that can add and reduce the weight with plates</i>
Strength rack: Smith machine / squat...	weights#41	<i>1. Squat rack with olympic barbell and a deadlift platform. This would be the number one thing. With plenty of weights (a good minimum starting point would be 6x20kg plates, 2x15kg plates, 2x10k...</i>
Strength rack: Smith machine / squat...	weights#55	<i>Smith machine and squat rack with barbells and bumper plates. Much better leg press machine.</i>
Strength rack: Smith machine / squat...	weights#57	<i>Heavier weights. Squat rack.</i>
Strength rack: Smith machine / squat...	weights#58	<i>Squat rack or smith machine</i>
Strength rack: Smith machine / squat...	weights#80	<i>Squat rack/ deadlift platform, glute/hip thrust machine</i>
Strength rack: Smith machine / squat...	weights#87	<i>Smith machine</i>
Strength rack: Smith machine / squat...	weights#91	<i>Squat rack Hip flexer related machines/ inner thigh/ outer thigh machine Calf raises machine Seated chest and back machine</i>
Strength rack: Smith machine / squat...	weights#93	<i>A couple of power racks with full size Olympic barbells and weight plates. This can be used for squats, bench presses and should presses. Dumbbells that go above 40kg.</i>

Gym Equipment — Full Verbatim Record (2 of 9)

Theme	Tab / #	Verbatim
Strength rack: Smith machine / squat...	weights#96	Smith machine and Abduction glute machine
Strength rack: Smith machine / squat...	weights#106	smith machine, abductor machine, regular seated leg press machine, hip thrust machine,
Strength rack: Smith machine / squat...	weights#112	The key things missing are a Smith machine and a proper bench press/bar set up. For an apartment gym the current set up is pretty adequate and gets the job done though.
Strength rack: Smith machine / squat...	weights#123	More floor space for stretching/warm ups/cool downs/ab workouts. More adjustable sizing of equipment, currently everything is made for tall (men) making it dangerous to lift heavy. A standard Ba...
Strength rack: Smith machine / squat...	weights#127	Smith machine And barbell for weights to be lifted on and off
Strength rack: Smith machine / squat...	weights#128	Perctorial flies/deltoids, shoulder press, smith machine
Strength rack: Smith machine / squat...	weights#145	Another cable machine or Smith machine
Strength rack: Smith machine / squat...	weights#147	Power Rack, barbells, bumper plates, and platform
Strength rack: Smith machine / squat...	weights#148	1. Proper barbells (not the junior gym version we have now) 2. Proper squat rack or Smith Machine 3. Proper bench press bench or serious horizontal chest press machine 4. Bench or machine for lo...
Strength rack: Smith machine / squat...	weights#154	A squat rack with adjustable free weights; 18-30" boxes; various bands.
Strength rack: Smith machine / squat...	weights#155	Strength & Bodybuilding Equipment - Atlantis Pendulum Squat - Atlantis Hack Squat - Atlantis Leg Press - Atlantis Standing Calf Raise - Atlantis Seated Calf Raise - Atlantis Leg Extension - Atla...
Strength rack: Smith machine / squat...	weights#156	Adjustable squat rack or smith machine
Strength rack: Smith machine / squat...	weights#161	Seated row cable machine with other attachments Plate loaded leg press New chest press machine Squat rack with proper olympic bars Hip thrust machine Abduction/adduction machine Smith machine Sq...

Gym Equipment — Full Verbatim Record (3 of 9)

Theme	Tab / #	Verbatim
Cable / pulley machine capacity	weights#12	<i>Need an additional cable machine as it is used by many people.</i>
Cable / pulley machine capacity	weights#19	<i>Another dual adjustable pulley machine (DAP)</i>
Cable / pulley machine capacity	weights#21	<i>A second cable machine, Always waiting on the one there is and a Roman bench</i>
Cable / pulley machine capacity	weights#34	<i>The cable machine is very popular. It also covers a lot of exercises. It is often being used when I go to the gym. If you added another it would be of benefit. You could add a fly machine. But w...</i>
Cable / pulley machine capacity	weights#47	<i>I think we need another dual adjustable pulley as one is not enough</i>
Cable / pulley machine capacity	weights#76	<i>More cable machines one is not enough. Also new squat machines with belt.</i>
Cable / pulley machine capacity	weights#86	<i>Another cable machine would be useful given there are often people waiting and it is such a versatile piece of equipment.</i>
Cable / pulley machine capacity	weights#125	<i>If you add a roman chair, more space for seating in the free weights section and add a calf machine and another functional trainer (cable machine) it would impre it dramatically</i>
Cable / pulley machine capacity	weights#130	<i>Bench press, dead lift area, another cable crossover.</i>
Cable / pulley machine capacity	weights#135	<i>Another cable machine as only one. Get three new benches and one new fixed bench. Make sure the new benches like the bench near the dumbbells and remove all others Sell the tricep and bicep mach...</i>
Cable / pulley machine capacity	weights#136	<i>More leg machines and another cable cage</i>
Cable / pulley machine capacity	weights#145	<i>Another cable machine or Smith machine</i>
Cable / pulley machine capacity	weights#161	<i>Seated row cable machine with other attachments Plate loaded leg press New chest press machine Squat rack with proper olympic bars Hip thrust machine Abduction/adduction machine Smith machine Sq...</i>

Gym Equipment — Full Verbatim Record (4 of 9)

Theme	Tab / #	Verbatim
Bench press & benches	weights#81	<i>New benches</i>
Bench press & benches	weights#104	<i>I would opt for a bench press machine</i>
Bench press & benches	weights#130	<i>Bench press, dead lift area, another cable crossover.</i>
Bench press & benches	weights#131	<i>Bench press</i>
Bench press & benches	weights#135	<i>Another cable machine as only one. Get three new benches and one new fixed bench. Make sure the new benches like the bench near the dumbbells and remove all others Sell the tricep and bicep mach...</i>
Bench press & benches	weights#148	<i>1. Proper barbells (not the junior gym version we have now) 2. Proper squat rack or Smith Machine 3. Proper bench press bench or serious horizontal chest press machine 4. Bench or machine for lo...</i>
Bench press & benches	weights#41	<i>1. Squat rack with olympic barbell and a deadlift platform. This would be the number one thing. With plenty of weights (a good minimum starting point would be 6x20kg plates, 2x15kg plates, 2x10k...</i>
Leg press / leg extension-curl separa...	weights#3	<i>A much better leg press where you can actually work the legs a lot better and be able to get a better stretch possibly even looking at a squat machine and separating the leg extension and leg cu...</i>
Leg press / leg extension-curl separa...	weights#25	<i>I would get another leg press as it is often monopolised by men on their phones</i>
Leg press / leg extension-curl separa...	weights#35	<i>Better - leg extension Bench press Better lat down and row machine</i>
Leg press / leg extension-curl separa...	weights#41	<i>1. Squat rack with olympic barbell and a deadlift platform. This would be the number one thing. With plenty of weights (a good minimum starting point would be 6x20kg plates, 2x15kg plates, 2x10k...</i>
Leg press / leg extension-curl separa...	weights#92	<i>Hip abduction machine, torso rotation machine, separate leg extension & leg curl machine, calf raise machine, assisted squat machine (so feel safer using this without a spotter).</i>
Leg press / leg extension-curl separa...	weights#106	<i>smith machine, abductor machine, regular seated leg press machine, hip thrust machine,</i>

Gym Equipment — Full Verbatim Record (5 of 9)

Theme	Tab / #	Verbatim
Leg press / leg extension-curl separa...	weights#136	More leg machines and another cable cage
Leg press / leg extension-curl separa...	weights#161	Seated row cable machine with other attachments Plate loaded leg press New chest press machine Squat rack with proper olympic bars Hip thrust machine Abduction/adduction machine Smith machine Sq...
Hip, glute, thigh & calf machines	weights#17	Squat rack and abductor/adductor
Hip, glute, thigh & calf machines	weights#28	Thigh strengthening
Hip, glute, thigh & calf machines	weights#41	1. Squat rack with olympic barbell and a deadlift platform. This would be the number one thing. With plenty of weights (a good minimum starting point would be 6x20kg plates, 2x15kg plates, 2x10k...
Hip, glute, thigh & calf machines	weights#73	Hip thrust machine, abduction/adduction machine, smiths machine
Hip, glute, thigh & calf machines	weights#80	Squat rack/ deadlift platform, glute/hip thrust machine
Hip, glute, thigh & calf machines	weights#91	Squat rack Hip flexer related machines/ inner thigh/ outer thigh machine Calf raises machine Seated chest and back machine
Hip, glute, thigh & calf machines	weights#92	Hip abduction machine, torso rotation machine, separate leg extension & leg curl machine, calf raise machine, assisted squat machine (so feel safer using this without a spotter).
Hip, glute, thigh & calf machines	weights#96	Smith machine and Abduction glute machine
Hip, glute, thigh & calf machines	weights#106	smith machine, abductor machine, regular seated leg press machine, hip thrust machine,
Hip, glute, thigh & calf machines	weights#125	If you add a roman chair, more space for seating in the free weights section and add a calf machine and another functional trainer (cable machine) it would impre it dramatically
Hip, glute, thigh & calf machines	weights#161	Seated row cable machine with other attachments Plate loaded leg press New chest press machine Squat rack with proper olympic bars Hip thrust machine Abduction/adduction machine Smith machine Sq...

Gym Equipment — Full Verbatim Record (6 of 9)

Theme	Tab / #	Verbatim
Upper body: chest, shoulder, back, pe...	weights#29	<i>Pec deck</i>
Upper body: chest, shoulder, back, pe...	weights#35	<i>Better - leg extension Bench press Better lat down and row machine</i>
Upper body: chest, shoulder, back, pe...	weights#60	<i>We need chest machines, which can do incline and decline both. We also don't have any shoulder machines</i>
Upper body: chest, shoulder, back, pe...	weights#79	<i>Shoulder Press Machine</i>
Upper body: chest, shoulder, back, pe...	weights#90	<i>Pec deck.</i>
Upper body: chest, shoulder, back, pe...	weights#91	<i>Squat rack Hip flexer related machines/ inner thigh/ outer thigh machine Calf raises machine Seated chest and back machine</i>
Upper body: chest, shoulder, back, pe...	weights#92	<i>Hip abduction machine, torso rotation machine, separate leg extension & leg curl machine, calf raise machine, assisted squat machine (so feel safer using this without a spotter).</i>
Upper body: chest, shoulder, back, pe...	weights#104	<i>I would opt for a bench press machine</i>
Upper body: chest, shoulder, back, pe...	weights#107	<i>Shoulders and legs</i>
Upper body: chest, shoulder, back, pe...	weights#119	<i>Absolutely a pec deck/ chest fly machine - would completely finish off the set of essentials And a shoulder width "mag grip" attachment for the lat pulldown</i>
Upper body: chest, shoulder, back, pe...	weights#125	<i>If you add a roman chair, more space for seating in the free weights section and add a calf machine and another functional trainer (cable machine) it would impre it dramatically</i>
Upper body: chest, shoulder, back, pe...	weights#128	<i>Perctorial flies/deltoids, shoulder press, smith machine</i>
Upper body: chest, shoulder, back, pe...	weights#150	<i>Shoulder press Back extension platform</i>

Gym Equipment — Full Verbatim Record (7 of 9)

Theme	Tab / #	Verbatim
Free weights: dumbbells, kettlebells,...	weights#2	<i>Kettlebells</i>
Free weights: dumbbells, kettlebells,...	weights#40	<i>More free weights available would be helpful especially when there is more people</i>
Free weights: dumbbells, kettlebells,...	weights#57	<i>Heavier weights. Squat rack.</i>
Free weights: dumbbells, kettlebells,...	weights#101	<i>More free weights</i>
Free weights: dumbbells, kettlebells,...	weights#109	<i>Adding more kettle bells</i>
Free weights: dumbbells, kettlebells,...	weights#140	<i>Kettlebells</i>
Free weights: dumbbells, kettlebells,...	weights#93	<i>A couple of power racks with full size Olympic barbells and weight plates. This can be used for squats, bench presses and should presses. Dumbbells that go above 40kg.</i>
Free weights: dumbbells, kettlebells,...	weights#161	<i>Seated row cable machine with other attachments Plate loaded leg press New chest press machine Squat rack with proper olympic bars Hip thrust machine Abduction/adduction machine Smith machine Sq...</i>
Free weights: dumbbells, kettlebells,...	weights#158	<i>A reformer, some mats, kettle bells</i>
Pilates reformer / equipment (machine...	q7#15	<i>A Pilates reformer machine would be a great addition</i>
Pilates reformer / equipment (machine...	cardio#120	<i>A reformer</i>
Pilates reformer / equipment (machine...	cardio#146	<i>Add a stair master machine and possibly a Pilates machine</i>
Pilates reformer / equipment (machine...	cardio#172	<i>I think there is some benefit if the equipment was updated. I still use the equipment regardless. A reformer would be an excellent addition to the current gym equipment.</i>

Gym Equipment — Full Verbatim Record (8 of 9)

Theme	Tab / #	Verbatim
Pilates reformer / equipment (machine...	cardio#173	<i>A reformer would be a good addition to the gym.</i>
Pilates reformer / equipment (machine...	cardio#178	<i>Pilates bed with virtual classes</i>
Pilates reformer / equipment (machine...	weights#11	<i>A reformer</i>
Pilates reformer / equipment (machine...	weights#27	<i>Pilates reformer</i>
Pilates reformer / equipment (machine...	weights#36	<i>Pilates reformer and pilates equipment</i>
Pilates reformer / equipment (machine...	weights#63	<i>Pilates reformer</i>
Pilates reformer / equipment (machine...	weights#158	<i>A reformer, some mats, kettle bells</i>
Pilates reformer / equipment (machine...	wellness#24	<i>Pilates reformer</i>
Pilates reformer / equipment (machine...	wellness#26	<i>Pilates reformer. Cycles for indoor</i>
Pilates reformer / equipment (machine...	wellness#80	<i>reformer</i>
Pilates reformer / equipment (machine...	wellness#96	<i>Pilates equipment</i>
Pilates reformer / equipment (machine...	wellness#98	<i>Pilates class/equipment</i>
Pilates reformer / equipment (machine...	wellness#152	<i>Pilates equipment</i>

Gym Equipment — Full Verbatim Record (9 of 9)

Theme	Tab / #	Verbatim
Pilates reformer / equipment (machine...	wellness#163	<i>Pilates bed with virtual classes</i>
Space efficiency / multi-function equ...	weights#4	<i>Multi functional equipment since the space is relatively small.</i>
Space efficiency / multi-function equ...	weights#26	<i>All in one trainer</i>
Space efficiency / multi-function equ...	weights#68	<i>various modern weight machines that are multi purpose</i>
Space efficiency / multi-function equ...	weights#74	<i>maybe to better use the space more mutlifucntion all in one mahcines might save space whils adding extra equipment that can be use.</i>
Inclusivity: body size, height, gende...	weights#34	<i>The cable machine is very popular. It also covers a lot of exercises. It is often being used when I go to the gym. If you added another it would be of benefit. You could add a fly machine. But w...</i>
Inclusivity: body size, height, gende...	weights#44	<i>Equipment that is more suited to women's body shape- carry and cue angles and our height. Some of the machines are just too big to maintain good form when you're exercising. And turn the air con...</i>
Inclusivity: body size, height, gende...	weights#123	<i>More floor space for stretching/warm ups/cool downs/ab workouts. More adjustable sizing of equipment, currently everything is made for tall (men) making it dangerous to lift heavy. A standard Ba...</i>
Satisfaction / no change wanted	weights#83	<i>Happy with existing cable machine.</i>
Satisfaction / no change wanted	weights#94	<i>I think the gym is fine as is.</i>
Satisfaction / no change wanted	weights#112	<i>The key things missing are a Smith machine and a proper bench press/bar set up. For an apartment gym the current set up is pretty adequate and gets the job done though.</i>
Rationalisation suggestion (sell unus...	weights#135	<i>Another cable machine as only one. Get three new benches and one new fixed bench. Make sure the new benches like the bench near the dumbbells and remove all others Sell the tricep and bicep mach...</i>

Full Verbatim Record (New Responses, 1 of 2)

Theme	Tab / #	Verbatim
Bench press & benches	weights#95042498	More decent height benches, seated assist Pec-deck, seated assist shoulder press
Upper body: chest, shoulder, back, pec deck	weights#95042498	More decent height benches, seated assist Pec-deck, seated assist shoulder press
Bench press & benches	weights#95044059	To consider a traditional bench press including bars and weights
Strength rack: Smith machine / squat rack / power rack	weights#95044093	To consider smith machine
Bench press & benches	weights#95044093	To consider hyperextension bench
Strength rack: Smith machine / squat rack / power rack	weights#95044162	Squat rack + bench with an olympic barbell as well as a curl olympic barbell and a selection of plate weights

Full Verbatim Record (New Responses, 2 of 2)

Theme	Tab / #	Verbatim
Bench press & benches	weights#95044 162	<i>Squat rack + bench with an olympic barbell as well as a curl olympic barbell and a selection of plate weights</i>
Leg press / leg extension-curl separation	weights#95044 162	<i>Awkward and limited range of motion with very limited weight range, a seated leg press would have you stationary pressing against a variable weight loaded with plate weights</i>
Space efficiency / multi-function equipment	weights#95044 162	<i>Abdominal machine is rarely used, is awkward to use and just wastes space when space is at a premium, core exercises are easily done on the ground with free weights</i>
Strength rack: Smith machine / squat rack / power rack	weights#95045 448	<i>Need a squat rack/proper weight lifting area</i>
Bench press & benches	weights#95044 123	<i>We really need a bench press</i>
Cable / pulley machine capacity	weights#95042 253	<i>Wire machine</i>
Hip, glute, thigh & calf machines	weights#95046 597	<i>A leg abduction and glute kickback machine</i>

Pool & Sauna — Full Verbatim Record (1 of 6)

Theme	Tab / #	Verbatim
Spa / Jacuzzi / Cold Plunge / Sauna U...	pool#2	<i>Would love us to install a spa if feasible. I would use it much more than the sauna.</i>
Spa / Jacuzzi / Cold Plunge / Sauna U...	pool#3	<i>I would love to have a jacuzzi/hot water pool</i>
Spa / Jacuzzi / Cold Plunge / Sauna U...	pool#10	<i>A spa would be nice</i>
Spa / Jacuzzi / Cold Plunge / Sauna U...	pool#36	<i>Spa Ice bath</i>
Spa / Jacuzzi / Cold Plunge / Sauna U...	pool#64	<i>ideally a spa would be great to be added</i>
Spa / Jacuzzi / Cold Plunge / Sauna U...	pool#68	<i>Install a spa pool and ice bath and possibly change all the doors to open so better indoor outdoor flow in summer and outdoor communal bbq and better sun loungers/ seating</i>
Spa / Jacuzzi / Cold Plunge / Sauna U...	pool#92	<i>A cold plunge and hot spa</i>
Spa / Jacuzzi / Cold Plunge / Sauna U...	pool#93	<i>Would be wonderful if we could have a spa</i>
Spa / Jacuzzi / Cold Plunge / Sauna U...	pool#99	<i>We would love a Whirlpool / jacuzzi. We appreciate the outdoor area.</i>
Spa / Jacuzzi / Cold Plunge / Sauna U...	pool#100	<i>A spa area would be nice</i>
Spa / Jacuzzi / Cold Plunge / Sauna U...	pool#116	<i>Would love to see a steam room and spa added.</i>
Spa / Jacuzzi / Cold Plunge / Sauna U...	pool#122	<i>A spa would be great! Better facilities for hanging out or inviting friends is something this building is missing in my opinion. An outdoor pool would be amazing but understand that is probably...</i>
Spa / Jacuzzi / Cold Plunge / Sauna U...	pool#128	<i>Jacuzzi would be nice</i>

Pool & Sauna — Full Verbatim Record (2 of 6)

Theme	Tab / #	Verbatim
Spa / Jacuzzi / Cold Plunge / Sauna U...	pool#146	<i>I'd love there to be a spa bath</i>
Spa / Jacuzzi / Cold Plunge / Sauna U...	pool#161	<i>Create a wellness area that coincides with the pool and outdoor area. Make it more inviting for fitness and recovery. Include: Spa Ice bath Turf for working outside during summer - Add a pull up...</i>
Spa / Jacuzzi / Cold Plunge / Sauna U...	pool#33	<i>Infra red saunas would be great Cold plunge pool</i>
Spa / Jacuzzi / Cold Plunge / Sauna U...	pool#71	<i>Men's sauna door is broken and equipment keeps breaking down. Would love if we could ensure door is fixed and equipment is maintained. Also ladies sauna, doesn't look like it gets used much. It...</i>
Spa / Jacuzzi / Cold Plunge / Sauna U...	pool#90	<i>Cold plunge, steam room. Add some meditative music background music in the pool/ and or sauna area</i>
Spa / Jacuzzi / Cold Plunge / Sauna U...	wellness#2	<i>Spa/jacuzzi</i>
Spa / Jacuzzi / Cold Plunge / Sauna U...	wellness#3	<i>Boxing equipment and jacuzzi</i>
Spa / Jacuzzi / Cold Plunge / Sauna U...	wellness#10	<i>Spa</i>
Spa / Jacuzzi / Cold Plunge / Sauna U...	wellness#64	<i>a spa</i>
Spa / Jacuzzi / Cold Plunge / Sauna U...	wellness#68	<i>1. Spa pool 2. Cabanas/cushioned sun loungers 3. bbq area with bbq and seating 4. Ice bath or steam room</i>
Spa / Jacuzzi / Cold Plunge / Sauna U...	wellness#93	<i>A spa</i>
Spa / Jacuzzi / Cold Plunge / Sauna U...	wellness#100	<i>Spa</i>
Spa / Jacuzzi / Cold Plunge / Sauna U...	wellness#116	<i>Steam room and spa. I would love to see the current outdoor area next to the pool enclosed, so these extra facilities could be located in close proximity to the pool and change rooms.</i>

Pool & Sauna — Full Verbatim Record (3 of 6)

Theme	Tab / #	Verbatim
Spa / Jacuzzi / Cold Plunge / Sauna U...	wellness#128	<i>Jacuzzi</i>
Spa / Jacuzzi / Cold Plunge / Sauna U...	wellness#146	<i>Either a spa bath or longer open hours</i>
Spa / Jacuzzi / Cold Plunge / Sauna U...	wellness#161	<i>Create a wellness area that coincides with the pool and outdoor area. Make it more inviting for fitness and recovery. Include: Spa Ice bath Turf for working outside during summer - Add a pull up...</i>
Spa / Jacuzzi / Cold Plunge / Sauna U...	wellness#29	<i>As a spa and bbq to the outdoor area.</i>
Spa / Jacuzzi / Cold Plunge / Sauna U...	wellness#30	<i>Nicer change rooms, spa, additional entertainment facilities. You could also use level 52 as a wellness studio, yoga area, entertainment area</i>
Spa / Jacuzzi / Cold Plunge / Sauna U...	wellness#33	<i>Infra red sauna Cold plunge pool Spa - hydra therapy</i>
Spa / Jacuzzi / Cold Plunge / Sauna U...	wellness#58	<i>Spa</i>
Spa / Jacuzzi / Cold Plunge / Sauna U...	wellness#112	<i>Outdoor spa bath and maybe a cold plunge/recovery bath.</i>
Spa / Jacuzzi / Cold Plunge / Sauna U...	wellness#136	<i>Steam room Better outdoors area, one people would use. Cold plunge Spa</i>
Spa / Jacuzzi / Cold Plunge / Sauna U...	wellness#150	<i>A spa would be nice but where would it go and would it be a maintenance nightmare. As already stated the Mixed sauna is too small and smaller than the female so they should be changed over.</i>
Spa / Jacuzzi / Cold Plunge / Sauna U...	wellness#155	<i>I would like to formally recommend that the Owners Corporation consider adopting a long-term vision for the development of an integrated Wellness Precinct within the building. Health, wellness,...</i>
Spa / Jacuzzi / Cold Plunge / Sauna U...	wellness#39	<i>Ice bath. Outdoor gym area with free weights / squat rack.</i>
Spa / Jacuzzi / Cold Plunge / Sauna U...	wellness#12	<i>Infrared sauna and more machines.</i>

Pool & Sauna — Full Verbatim Record (4 of 6)

Theme	Tab / #	Verbatim
Spa / Jacuzzi / Cold Plunge / Sauna U...	wellness#13	Steam room
Spa / Jacuzzi / Cold Plunge / Sauna U...	wellness#85	Infrared sauna and improved outdoor area such as dinning space and BBQ
Spa / Jacuzzi / Cold Plunge / Sauna U...	wellness#103	Steam room
Spa / Jacuzzi / Cold Plunge / Sauna U...	wellness#117	Turkish Bath
Pool temperature & pump noise	pool#28	Pool pumps are loud compared to other similar facilities and pool area is always cold. Nota high end pool spa feel More like a council swimming pool feel
Pool temperature & pump noise	pool#89	I would heat the area. Install a quieter pump in the pool it is too noisy and not relaxing. Having viewed other apartment buildings, the pool area is heated and calm.
Pool temperature & pump noise	pool#131	A bit more powerful heater to heat faster and better water evaporation with thermostat set to 95C
Pool temperature & pump noise	pool#163	Pool temperature is too cold
Slip hazard / flooring	pool#48	I would like floors that are not slippery
Slip hazard / flooring	pool#80	The pool area tiles are slippery when wet. Lay down some non slip material width only for 2 people passing, around pool and lead to sauna and showers.
Towels, hooks, lockers, amenities	pool#24	Could we get some more hooks placed on the dark glass with the bench seat along it in the pool area?
Towels, hooks, lockers, amenities	pool#52	add lockers, water saving shower heads and towel hangers
Towels, hooks, lockers, amenities	pool#57	Changing room doesn't equip any hair dryers there. I understand the chance of lost, so it's ok overall.

Pool & Sauna — Full Verbatim Record (5 of 6)

Theme	Tab / #	Verbatim
Towels, hooks, lockers, amenities	pool#72	<i>More benches etc to place towels while swimming</i>
Towels, hooks, lockers, amenities	pool#96	<i>Maybe even more benches for days when more People are using the pool</i>
Towels, hooks, lockers, amenities	pool#98	<i>Hooks for towels better seating</i>
Towels, hooks, lockers, amenities	pool#104	<i>I would opt for some pool noodles</i>
Pool usage rules / etiquette / schedu...	pool#51	<i>Minimise kids or offer kids times</i>
Pool usage rules / etiquette / schedu...	pool#83	<i>I think a lane system would be good and perhaps some dedicated lap swimming/exercise times (cf play). There could even be a booking system.</i>
Pool usage rules / etiquette / schedu...	pool#136	<i>People need to shower before using either.</i>
Pool usage rules / etiquette / schedu...	pool#144	<i>A number of people who use the sauna, use the pool as a plunge pool. This needs to be stopped. Is the pool a kids play pool? This impacts our ability to lap swim. Maybe have different session ti...</i>
Pool usage rules / etiquette / schedu...	pool#149	<i>Higher top temp in Sauna. Much higher. If anyone contaminates the pool, there need to be serious consequences. You've got cameras, so you should be able to identify the person.</i>
Programming / classes (aqua aerobics)	pool#44	<i>Would love the facilities to be used for classes. Aqua aerobics etc</i>
Accessibility (toilets at gym level)	pool#91	<i>Have toilets at the level where the gym is too - without having to use stairs to get to toilets ... gets harder with age. Steps are steep.</i>
Non-chlorine pool alternative	pool#87	<i>An alternative (non-chlorine) pool</i>
Ventilation & minor environment	pool#148	<i>Pool Ventilation</i>

Pool & Sauna — Full Verbatim Record (6 of 6)

Theme	Tab / #	Verbatim
Ventilation & minor environment	pool#150	<i>It would be great if there wasn't a blast of cold air near the steps entering the pool (Near the exit door) - but thats trivial. Im pretty happy with facilities</i>
Change room refurbishment	pool#62	<i>Pool is good. Sauna and change rooms are a bit run down.</i>
Change room refurbishment	pool#135	<i>Redo change room showers</i>
Satisfaction / positive	pool#79	<i>Very good amenity</i>
Satisfaction / positive	pool#108	<i>It's a great area, we use it a lot</i>
Satisfaction / positive	pool#150	<i>It would be great if there wasn't a blast of cold air near the steps entering the pool (Near the exit door) - but thats trivial. Im pretty happy with facilities</i>
Satisfaction / positive	pool#162	<i>I swim every day it is open and I am in the Tower and love it, Thank you</i>
Satisfaction / positive	pool#165	<i>quite happy</i>
Satisfaction / positive	pool#62	<i>Pool is good. Sauna and change rooms are a bit run down.</i>
Non-users	pool#9	<i>have never used it</i>
Non-users	pool#31	<i>I don't use the pool or sauna, so I have no suggestions or feedback regarding those facilities</i>
Non-users	pool#60	<i>No I don't use them.</i>

Full Verbatim Record (New Responses)

Theme	Tab / #	Verbatim
Sauna reliability & maintenance (breakdowns, timber condition)	pool#95044123	<i>The sauna keeps breaking every other week. Also the wood is rotting / is soft at times.</i>
Infrared Sauna / Other Sauna Changes	wellness#95044162	<i>Having two saunas, one for men and women, and the other for women only seems to be a waste of space when one of the saunas could be converted into other shared facilities such as a steam room</i>
Pool usage rules / etiquette / scheduling	pool#95042498	<i>Would like to see the pool used, possibly divided by ropes into two as a lap pool, not utilised as a holiday camp for families and kids. Possibly even make bookable</i>
Change room refurbishment	pool#95044162	<i>The benches are somewhat loose and deteriorating in the heat and wet, and could be considered for replacement.</i>

Outdoor Area — Full Verbatim Record (1 of 3)

Theme	Tab / #	Verbatim
BBQ facilities	q7#16	<i>The gym is poorly equipped and poorly laid out. No spaces for floorwork, stretching etc... Insufficient choice of weights. The outdoor area/leisure area needs access + a bbq + better seating are...</i>
BBQ facilities	pool#26	<i>Connect to the outdoors with a BBQ area</i>
BBQ facilities	pool#27	<i>Please update it. Especially in summer there is only two chairs for the whole entire building to be able to lie down and enjoy the sun. There is no barbecue area or dining set to sit down.</i>
BBQ facilities	pool#32	<i>I know you have just done the outside area. But I think it would be used a lot more if there were some friends and family areas with cover. Maybe with a BBQ. Then we can use the pool, sit outsid...</i>
BBQ facilities	pool#68	<i>Install a spa pool and ice bath and possibly change all the doors to open so better indoor outdoor flow in summer and outdoor communal bbq and better sun loungers/ seating</i>
BBQ facilities	pool#133	<i>BBQ facilities in outdoor area</i>
BBQ facilities	wellness#29	<i>As a spa and bbq to the outdoor area.</i>
BBQ facilities	wellness#85	<i>Infrared sauna and improved outdoor area such as dinning space and BBQ</i>
BBQ facilities	wellness#95	<i>I wish we had outdoor BBQ area.</i>
Covered area / shade structure	pool#32	<i>I know you have just done the outside area. But I think it would be used a lot more if there were some friends and family areas with cover. Maybe with a BBQ. Then we can use the pool, sit outsid...</i>
Covered area / shade structure	wellness#32	<i>I think a covered area in the outdoor area where family and friend's can meet on a nice summers day or evening would be nice. As we all live in apartments extra space on a fine day would be grea...</i>
Covered area / shade structure	wellness#85	<i>Infrared sauna and improved outdoor area such as dinning space and BBQ</i>
Seating, sun loungers, deck furniture...	pool#27	<i>Please update it. Especially in summer there is only two chairs for the whole entire building to be able to lie down and enjoy the sun. There is no barbecue area or dining set to sit down.</i>

Outdoor Area — Full Verbatim Record (2 of 3)

Theme	Tab / #	Verbatim
Seating, sun loungers, deck furniture...	pool#69	<i>more outdoor sun chairs / deck furniture would be good.</i>
Seating, sun loungers, deck furniture...	pool#122	<i>A spa would be great! Better facilities for hanging out or inviting friends is something this building is missing in my opinion. An outdoor pool would be amazing but understand that is probably...</i>
Seating, sun loungers, deck furniture...	wellness#68	<i>1. Spa pool 2. Cabanas/cushioned sun loungers 3. bbq area with bbq and seating 4. Ice bath or steam room</i>
Seating, sun loungers, deck furniture...	wellness#122	<i>Areas to hang out. The outdoor area by the pool or other areas with seating etc for sun and shade, gatherings, meeting up. A bigger pool, maybe a separate one for kids, an outdoor pool :p</i>
Seating, sun loungers, deck furniture...	wellness#141	<i>Seating on the terrace. Punching bags or wall mounted punching bag fixture.</i>
Seating, sun loungers, deck furniture...	wellness#154	<i>Equipment for the outdoor grass area; towels for residents to use</i>
Rooftop garden / greenery	wellness#19	<i>Rooftop community garden and kitchen waste composting</i>
Rooftop garden / greenery	wellness#109	<i>More green area to relax. Add more plants on the terrace on the level 10.</i>
Outdoor gym / fitness use of outdoor...	wellness#39	<i>Ice bath. Outdoor gym area with free weights / squat rack.</i>
Outdoor gym / fitness use of outdoor...	wellness#71	<i>May be make an outdoor area more fun with cold plunge, yoga classes in the open air. May be even consider moving gym where there is natural lighting.</i>
“More outdoor space” — priority fundi...	wellness#123	<i>More outdoor space!!! I would want to allocate most funding to this. The building next to the PWC building has the right idea - big outdoor space with grass and trees and lots of sun exposure. I...</i>
Positive / existing appreciation	pool#99	<i>We would love a Whirlpool / jacuzzi. We appreciate the outdoor area.</i>
Vision statement referencing outdoor...	pool#161	<i>Create a wellness area that coincides with the pool and outdoor area. Make it more inviting for fitness and recovery. Include: Spa Ice bath Turf for working outside during summer - Add a pull up...</i>

Outdoor Area — Full Verbatim Record (3 of 3)

Theme	Tab / #	Verbatim
Vision statement referencing outdoor...	wellness#155	<i>I would like to formally recommend that the Owners Corporation consider adopting a long-term vision for the development of an integrated Wellness Precinct within the building. Health, wellness,...</i>
Seating, sun loungers, deck furniture, cabanas	wellness#95043 268	<i>Outdoor terrace</i>
Outdoor cold shower / water reuse idea	wellness#95044 123	<i>Outdoor area could have a cold shower, this would be relatively cheap but effective to help incentivise being clean before entering the sauna. Water could be recycled to the plants.</i>

Net-New / Novel — Full Verbatim Record (1 of 3)

Theme	Tab / #	Verbatim
Wellness Precinct masterplan (formal...	wellness#155	<i>I would like to formally recommend that the Owners Corporation consider adopting a long-term vision for the development of an integrated Wellness Precinct within the building. Health, wellness,...</i>
Dedicated Pilates/Yoga/stretch studio...	wellness#44	<i>Would like classes within the building. I go out for classes but feel that older owners would benefit from utilising the facilities ie: Aqua classes, gym, pilates etc.</i>
Dedicated Pilates/Yoga/stretch studio...	wellness#91	<i>a pilates class area</i>
Dedicated Pilates/Yoga/stretch studio...	wellness#92	<i>If we could have a dedicated area that offers paid classes like yoga, Pilates, and select martial arts (boxing, kick boxing, and Brazilian jiu jitsu), that would be great!</i>
Dedicated Pilates/Yoga/stretch studio...	wellness#94	<i>Pilates/yoga room or area</i>
Dedicated Pilates/Yoga/stretch studio...	wellness#108	<i>I'd like to a space for gym classes like yoga or Pilates somewhere</i>
Dedicated Pilates/Yoga/stretch studio...	wellness#114	<i>Dedicated yoga/pilates space.</i>
Dedicated Pilates/Yoga/stretch studio...	wellness#156	<i>Seperate area for stretching, Pilates/yoga away from the traffic of free weight area and noise of the treadmills</i>
Social / communal function room (non-...	wellness#30	<i>Nicer change rooms, spa, additional entertainment facilities. You could also use level 52 as a wellness studio, yoga area, entertainment area</i>
Social / communal function room (non-...	wellness#55	<i>Function room/s that can be booked for use.</i>
Social / communal function room (non-...	wellness#84	<i>Communal function room with pool table, table tennis etc. also visitor car bays.</i>
Social / communal function room (non-...	wellness#110	<i>A social area. Taking care of our physical wellness is important, however, our mental health is also important. Our building is a community and I feel there is a complete disregard for providing...</i>
Social / communal function room (non-...	wellness#124	<i>Function area for residents to book to use</i>

Net-New / Novel — Full Verbatim Record (2 of 3)

Theme	Tab / #	Verbatim
Social / communal function room (non-...	wellness#140	<i>Private reading nooks</i>
Social / communal function room (non-...	wellness#158	<i>Quiet space</i>
Recovery & clinical wellness modaliti...	weights#27	<i>Pilates reformer</i>
Recovery & clinical wellness modaliti...	wellness#63	<i>In house physio or massage</i>
Recovery & clinical wellness modaliti...	wellness#132	<i>Massage chairs</i>
Recovery & clinical wellness modaliti...	wellness#134	<i>Massage, physioterapist</i>
Boxing / martial arts dedicated space...	cardio#3	<i>Punching bag/ sandbag or any sort of boxing equipment</i>
Boxing / martial arts dedicated space...	wellness#3	<i>Boxing equipment and jacuzzi</i>
Boxing / martial arts dedicated space...	wellness#36	<i>Pilates Boxing/Punching bag and pads</i>
Boxing / martial arts dedicated space...	wellness#92	<i>If we could have a dedicated area that offers paid classes like yoga, Pilates, and select martial arts (boxing, kick boxing, and Brazilian jiu jitsu), that would be great!</i>
Boxing / martial arts dedicated space...	wellness#141	<i>Seating on the terrace. Punching bags or wall mounted punching bag fixture.</i>
Gym relocation to a view / natural-li...	wellness#14	<i>It would be good to have a gym in an area with windows and a view. I thought at some stage there was plans for this on level 55?</i>
Gym relocation to a view / natural-li...	wellness#71	<i>May be make an outdoor area more fun with cold plunge, yoga classes in the open air. May be even consider moving gym where there is natural lighting.</i>

Net-New / Novel — Full Verbatim Record (3 of 3)

Theme	Tab / #	Verbatim
Gym relocation to a view / natural-li...	wellness#151	Why don't we change the gym yo level 54 for magnificent views and turn the current gym into a library/relaxation area
Niche / one-off ideas	wellness#21	Golf simulator
Niche / one-off ideas	wellness#25	Kids play area
Niche / one-off ideas	wellness#87	Common area indoor, with working space
Niche / one-off ideas	wellness#97	A pickleball court (could go on the outside area by the pool)
Dedicated Pilates/Yoga/stretch studio & class programming	wellness#95043 846	Yoga space

Appendix — Net-New / Novel

Eureka Tower Gym, Pool & Wellness Survey — Resident Feedback Analysis